

# Opportunity for New Friends and Activities



Are you over 55?

Are you in need of mental stimulation with like minded people?

Do you want to make new friends and engage in enjoyable activities?

## U3A St Albans

Fourth Thursday of every month at 9.45am.

St Albans Uniting Parish Church, 36 Nancy Avenue

Phone 385-8130 or [www.u3anetcant.nz/stalbans/](http://www.u3anetcant.nz/stalbans/)

